

Home Learning Guidance For Parents

Preparation:



Students need a desk/table in a quiet area of the house and a space to keep and organise their booklets/folders. They should not have their phones with them while working.

Daily and weekly timetable:



Help your child plan for the day and week ahead, ask them about deadlines. They will have a combination of online work and work on paper.

Contact with teachers:



Students can ask questions of their teachers on Google Classroom. They should all have feedback to work on from their work online and on paper.

Literacy, reading and vocabulary:



Encourage reading anything in standard English and age-appropriate. Expect your child to read for at least 20 minutes a day.

Helping children with their work:



Ask them questions, quiz them using flash cards, ask them to explain concepts. You don't need to know the answers!

Study skills:



They should use homework time to recap and revise using mind-maps, flashcards and other effective methods. Revisit each subject regularly.

Monitoring your child's progress:



Check Class Charts daily to review class teachers' evaluation of the students' effort and submission of work.

Healthy eating and sleeping:



Students should be getting up and going to bed as if they were at school; no late nights or lie-ins. They need 3 regular, healthy meals and plenty of water to keep up their concentration.

Mental and physical health:



Teenagers need daily exercise, preferably outdoors. Refer to our website for sources of support for teenage mental health.

Stay safe online:



Monitor what your child is doing online, talk to them about online safety and tackle anything that is concerning. Refer to our website.

Study Skills Guidance

Flashcards



Simply create with questions on one side and questions and answers on the other side. You can colour code for specific topics and quiz yourself or others.

Post its can be also useful for key words and equations.

Using the Leitner Method, using the video below <https://youtu.be/C20EvKtdlwQ>

Deliberate Practice



Set aside time to practise improving your knowledge or skills. Choose what you need to do, it must be tough enough to challenge you, and practice, practice, practice!

You should focus on something that you are *almost* able to do but *not just yet!*

How to Use



1. Use a model answer from the teacher, pull it apart and identify the key parts. Then answer a similar question and try to replicate
2. Study material, complete practice questions in timed conditions. Then use your notes to correct / improve your answer. A week later, redo a similar question. Repeat, as necessary.

Retrieval Practice



Testing what you know is a powerful tool in revision, the effort to remember something really strengthens your memory

Apps such as Memrise and Quizlet allow you to use or create your own quizzes based on topics.

Create them, test yourself or get someone to test you, it works!

How To Use



Spaced quizzes:- Test on old and new topics mixed up.

Knowledge Organisers :- Use to create "Must know" quizzes for a topic

There are a number of types you can create:

- ✓ Multiple Choice Questions
- ✓ True or False
- ✓ Short Explanation Questions
- ✓ Odd One Out
- ✓ If this is the answer, then what is the question?

Transform It



Graphic organisers are a great way of 'transforming' your notes/information into visual revision topics.

They can be used to create links, show a narrative, identify the causes/consequences and importance of something.

How to use



1. Links between topics – Create a mind map/flow diagram to link the big ideas in topics.
Eg: Energy and Electricity

2. Comparisons – Do a Venn diagram to compare historical figures, or to compare renewable and non-renewable energy resources

Cornell Notes

This method can be used in your books as a great method to get you to 'think' about your work. Simply split your page into 3 sections as shown on the diagram:

- ❖ Note Taking
- ❖ Cues
- ❖ Summary

