

# CHAT HEALTH

Derbyshire  
Healthcare Support  
Children | Parents | Teenagers

WE HELP 11-19 YEAR OLDS  
WITH ALL KINDS OF THINGS:



HEALTHY  
EATING

BULLYING

SMOKING

It's safe and easy  
for you to speak to  
a qualified health  
professional. Just  
send a text, you  
don't have to give  
your name.

Discreet and  
quick, it only takes  
one message to  
start making a  
difference...

ALCOHOL

MENTAL  
HEALTH

RELATIONSHIPS

TEXT US FOR **CONFIDENTIAL** ADVICE AND SUPPORT

**07507 330025**